

# THE FULFILMENT MANIFESTO

This publication could have been tagged “The Success Manifesto”. I chose Fulfilment because it covers a wider perspective of what the manual is all about.

Let us reflect a little on the concept of fulfilment before delving fully into the details of this manifesto.

We all at some points in life experience moments of extreme joy, satisfaction, high achievement, promotion... and also periods when disappointment, sadness, poor performance, lack... make us feel like the weight of the universe is on us. This mixture of good and evil, failure and success, wellness and sickness... all expose the true nature of life and the frailty of humanity.

Truth be told, the best of man is human and the worst of man is also human!

How would we explain the case of a brilliant student who passes the final graduation examination with distinction but fails to make the lowest pass grade in the professional certification examination a few months after? The frailty of humanity! What would be a cogent reason for the best sprint athlete in the history of the world to be second best in his valedictory race? The frailty of humanity!

How do we rationalize the divorce of a couple once the cynosure of all eyes on the ground of irreconcilable differences after numerous years of marriage? The frailty of humanity! What about two lovebirds who could hardly stay a day without seeing each other and spending quality time together; suddenly the bubble bursts and they cannot stand each other . The frailty of humanity!

A brilliant child with the ability to solve some of the greatest challenges faced by humans globally ends up being a village head because of the region of the world the person is born into and the parentage. The frailty of humanity! Even in the most advanced and prosperous nations of the world, we still observe people living in abject poverty despite working so hard. The frailty of humanity!

We can go on and on citing unending instances of cases experienced on a daily basis all over the world. The fact that is glaring in all of these cases is the declaration: ‘The frailty of humanity! ’.

Alas, amidst the ups and downs of life, within every human is a deep sense of longing for a life lived to its fullest. It is from this deep seated hunger and the extent to which it is realized by a person that the concept of Fulfilment is derived. Every one of the approximately 7.6 billion people on earth was born with the potential to fulfil the essence of their existence and live with a sense of fulfilment.

The big question is what percentage of humans live fulfilled lives and depart from this world with a sense of fulfilment? The crux of this manifesto is to stir up our consciousness to the need for Fulfilment in life and to collectively pursue its attainment by the global human race.

Does the immediate forgoing sentence sound like a tall order? The answer is yes and no depending on the perspective. If we go with the status quo and pay no attention at both the personal and collective levels, it will be unimaginable but if there is a paradigm shift from the personal and collective strata of society, we can pursue this and usher in a new era that will herald the attainment of new heights in global quality of life, global productivity per capita, global peace and a more sustainable world.

Fulfilment is a feeling of overall sense of satisfaction in life irrespective of the ups and downs life throws at the individual. It is a reward for effectively dominating the limitations 'the frailty of humanity' places on all humans. Since several of the circumstances that expose the frailty of humanity are external to the individual and involve other persons also, the thought expressed in the above paragraph for personal and collective actions is reinforced.

The individual has a huge role to play in the attainment of fulfilment though, since he alone can honestly declare the inner sense of fulfilment being felt either in words or deeds.

Fulfilment can only be feigned to an extent! The fruits of the person's life being witnessed by others can guide as an attestation to some other person's level of fulfilment. Even when some observers may be successfully deceived as to the fulfilment level being witnessed by another person, some others that are more discerning will detect whatever façade put in place. The make believe world embodied by the global entertainment media has brought this smokescreen travesty more to the fore.

Certain characteristics can never be exhibited by a person living with fulfilment. A fulfilled person seeks superior alternatives in circumventing the ups and downs of life when they come because he has control over 'the frailty of humanity'. Suicide is not the best choice for him. Murder is far from him as a way to settle a dispute. Acrimonious divorce is never the first choice for him. Robbery and fraud is not a way out of lack for him. We can go on and on.

The frailty of humanity is not insurmountable and ups and downs serve to make us better and attain fulfilment faster if we apply the right approach. I am glad you are reading this document now because irrespective of the side of the divide we belong, we can get out of it with the right information and support. Everyone deserves and can find fulfilment in life and you are no exception!

As a people and values driven thinker, who is passionate about global human fulfilment, I am keen on helping and seeing individuals succeed in Personal Development, Relationship and Overcoming Poverty.

Success in Personal Development, Relationship and Overcoming Poverty is the 3-fold chord for Fulfilment! How?

Can we talk Personal Development without considering the human and himself (education, health, character...), human and his faith (deity, belief...), the human and his family (marriage, children, siblings...), the human and his work (career, business...)?

Also, what is Relationship without pondering how the individual copes with his world (environment, physical earth...), handles affection (dating, marriage...), deals with others (neighbours, friends...)?

Overcoming Poverty may be strange to some who have never experienced it or related closely with another person that shared his experience with poverty. Somehow, without any fault of theirs, many are born into extreme lack. Some get out of it through a dint of hard work, access to the right information and some element of fortune. Yet, a vast majority are stuck in it because of certain constraints beyond their control irrespective of how hard they try to escape. Although poverty is not restricted to finance, financial freedom once attained, can be vital in getting over other aspects of poverty like lack of access to good housing, clean water, electricity, good hygiene, balanced diet...

Talking about Overcoming Poverty would therefore entail the human and his income, the human and his nutrition, the human and his upkeep, the human and his clothing...

Taking a deep look beyond the mentioned examples above will reveal the other areas of a person's life covered by the all important triad of Personal Development, Relationship and Overcoming Poverty. Success in these is thus, the path to a life of fulfilment.

The determinant to your living a life of fulfilment is spelt Y-O-U.

A person's life to a great extent is the sum of the choices made after attaining adolescence. It does not matter what stage of life you are in right now. As long as senile dementia has not set in, you can still make hay in the shining sun of life.

Acting on relevant information to do things the proper way consistently will eventually make an individual prosper in every area of life irrespective of the 'frailty of humanity'. For instance, if the missing link in the pursuit of fulfilment is a better job, Personal Development which is accessible on various platforms (a few listed below) will enhance the person's value and chances of landing a better job.

Fulfilment will be a tough call if a person is not in peace with himself, spouse/partner, friends, children... Help is readily available also. You can seek advice from a qualified counsellor in your neighbourhood or alternatively check out the offerings on the applicable page listed at the end of this document. The appropriate information could make that dating experience more worthwhile and facilitate your gladly walking to the altar to say "I do". That marriage may just turn around if you open up to talk to a dependable ally around you. Alternatively, you may just turn the rough edge using the help available under Relationship in the useful links section below.

Does it ache badly financially and living conditions do not look good on all sides? Towing the line of infamy through some negative acts of desperation is certainly not the best bet. Quite a number of people all over the world have overcome similar or worse situations to enter new realms of affluence through legitimate enterprise. I suggest you try your hands again on a venture in which someone near you has recorded some success. Do not be shy to approach such a successful person for guidance as long as you have done your homework to know if it is a legitimate business and what you would be happy doing. Alternatively, the feasible revenue generating opportunities in the Overcoming Poverty section below could usher in a new lease of life for you.

The agency of the internet, backed by technological advances in the 21<sup>st</sup> century has changed the way business is done and money is made. As you engage with me henceforth, we shall have the opportunity to explore many more of the internet based opportunities for financial leverage. The beauty of such methods is the little or no start-up cost associated with them. Of importance however, is an internet enabled machine (phone, laptop...).

If you are in business and run a brick and wall model, why not consider taking the business online. There are opportunities to actually start for free using sites like [www.wix.com](http://www.wix.com), [www.weebly.com](http://www.weebly.com), [www.webstart.com](http://www.webstart.com) and others. In the event however that you can afford domain registration and hosting, I would recommend [Hostinger](http://Hostinger), Bluehost, Dreamhost, webstart, weebly or Ipages.

I am glad you have read this manifesto to this point and would like to implore you to heed the message of this manifesto as we work together to increase the quality of human life and fulfilment globally.

Feel free to share this material with as many people as you can.

You are also encouraged to visit the site, <http://protipsforfulfilment.com/> regularly for updated blogs. Also, engage with me through the following handles.

Facebook: <https://web.facebook.com/PROtipsforfulfillment/>

Twitter: <https://twitter.com/PedroChukuka>

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To your Fulfilment,

Pedro Chukuka.

### **Useful Links:**

#### **Personal Development**

Self Education: [International Open Academy](#); [Udemy](#); [Teachable](#); [Khan Academy](#)

Parenting: [Amazing Program Teaches Children Of All Ages To Read](#) ;[Super Effective Reading Program Parents Love](#); [Start Potty Training](#)

#### **Relationship**

Dating & Marriage: [Forever Yours - The Secret Password To His Heart](#); [Attract Men/Women - Get Your Ex Back](#); [High Quality Relationship Help](#); [Save Your Christian Marriage](#)

#### **Overcoming Poverty**

Money Making: [Share Ambassador, Get Rewarded](#); [Make Money From Youtube With No Filming, No Marketing and No Website](#) ;[Make Money Using Social Media Platforms](#) ;[Get Digital](#); [Take Your Venture Online](#); [Small Business/Entrepreneurship](#)

### **About Me:**

Pedro is a people and values driven person. He has been around long enough to garner broad based expertise that qualifies him to counsel on getting the best out of life. With advanced degrees in Management, Sciences and Engineering backed with diversified career experiences and learning exposures across every continent, he is empowered to fulfil his calling to be an Apostle for Global Human Fulfilment.

In his 4 decades plus on earth, he has experienced virtually every side of life and thus, shares from a pragmatic point of view. Miraculously surviving a fatal road mishap in year 2000 as one of only 2 survivors out of 19, overcoming 8 days of total unconsciousness, memory loss, fractures...in the process, he remains grateful to God he didn't become history before pursuing his purpose in full.